**Medical Humanities**

**Stage 1 2023-3024**

**Resources for *Learning Through Arts Reflective Essay***

**Write a 500-word reflective response to one of the selected artworks considering the question: ‘What does it mean to be a doctor?’**

**Plays**

***Live performances:***

* [*ADHD the Musical*](https://cptheatre.co.uk/whatson/ADHD-the-Musical) at [Camden People’s Theatre](https://cptheatre.co.uk/) Tue 17 - Sat 28 October, 2023. A play exploring the highs and lows of having the most common neuro developmental disorder worldwide.
* *Yerma –* a production at [Milton Court Theatre](https://www.barbican.org.uk/whats-on/2023/event/yerma-translated-by-ursula-rani-sarma#venue): Mon 23—Sat 28 October, 2023. Yerma by Lorca is a classic play, written in 1934, focusing on woman’s experience of infertility
* [*Dreaming and Drowning*](https://www.bushtheatre.co.uk/event/dreaming-and-drowning/)by Kwame Owusu at the Bush Theatre. 28 Nov – 23 December 2023. This play focus on anxiety.
* [*Dan Tiernan: Going Under*](https://sohotheatre.com/events/dan-tiernan-going-under/): Wed 10 – Sat 13 January, 2024. A stand-up discussing his dyspraxia at the Soho Theatre.
* [*Leaves of Grass*](https://parktheatre.co.uk/whats-on/leaves-of-glass)at Park Theatre. Tuesday 16 January to Saturday 10 February, 2024. A play about memory.

***Online viewing***

You may need to subscribe to a platform (eg [Drama Online](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.dramaonlinelibrary.com%2F&data=05%7C01%7Ckatharine.low%40kcl.ac.uk%7C99332f68c77d4b2b1f1308db81f8c5b0%7C8370cf1416f34c16b83c724071654356%7C0%7C0%7C638246677680540938%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=vnlZTytC0yV7DUyuxqoiPbE%2BKGzkdCwiXNveXIZeX5Y%3D&reserved=0), National Theatre collections or [Alexander Street Video](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsearch.alexanderstreet.com%2Fnath&data=05%7C01%7Ckatharine.low%40kcl.ac.uk%7C99332f68c77d4b2b1f1308db81f8c5b0%7C8370cf1416f34c16b83c724071654356%7C0%7C0%7C638246677680540938%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=R%2B8QkfAp802QM%2FS1w2HdFNFntlrdIyargC8Fxrd%2FikI%3D&reserved=0) for free access)

* *Side FX* by Katie Paterson. A new comic performance about contraception, featuring a Barbie-pink doctor. NB: please do not share this link. Your reflective response may be shared with the artist. [https://drive.google.com/file/d/1D5UE2NNVW39nF6fez34tFC7YVFq1WNwV/view?usp=sharing](https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdrive.google.com%2Ffile%2Fd%2F1D5UE2NNVW39nF6fez34tFC7YVFq1WNwV%2Fview%3Fusp%3Dsharing&data=05%7C01%7Calexandra.mermikides%40kcl.ac.uk%7C9a238beee0c5430c851808dbc638dea2%7C8370cf1416f34c16b83c724071654356%7C0%7C0%7C638321719791227770%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=tyFWFjXaoFI8enc1xyMgh7M2jkBJgX63zatQseVEdLU%3D&reserved=0)
* [*All of Us*](https://www.ntathome.com/all-of-us?webSyncID=4381b244-a74c-4a99-5a27-9b44bc171043&sessionGUID=0663dd30-5e65-4948-447d-41b8073e939b)by Francesca Martinez is a play focusing on disability, drawing from lived experiences of disabled people in the UK.
* *Yerma*by Lorca, a Young Vic production. It is a play about infertility and can be watched via [Alexander Street](https://search.alexanderstreet.com/nath/browse/metawork-page?ff%5B0%5D=metawork_facet%3AYerma) or [here](https://www.ntathome.com/yerma) (NT Online)
* [*Angels in America*](https://search.alexanderstreet.com/nath/browse/metawork-page?ff%5B0%5D=metawork_facet%3AAngels%20in%20America) (playtext or recorded performance) is a huge play about the early days of HIV/AIDS in the USA. It’s in 2 parts (3-4 hours each). If you write about this, focus on 1 or 2 scenes

**Exhibitions**

***In Person (choose no more than 3 exhibits)***

* [Medicine: The Wellcome Galleries](https://www.sciencemuseum.org.uk/see-and-do/medicine-wellcome-galleries) at the Science Museum (choose any exhibit)
* [Bethlem Museum of the Mind](https://museumofthemind.org.uk/): records the lives and experience and celebrates the achievements of people with mental health problems.
* [Hunterian Museum](https://hunterianmuseum.org/): the art and science of surgery from ancient times to the present day.

***Online visual art***

* [Doctors, Healers and Carers](https://www.nationalgallery.org.uk/stories/doctors-healers-and-carers-in-the-collection) at the National Gallery (chose up to 2 paintings). Please note these are historical representations of healthcare and would invite a modern-day critique.

**Literature**

* Atul Gawande’s *Better: A Surgeon's Notes on Performance* (available in the Library).
* Christie Watson’s *The Language of Kindness: A Nurse’s Story* (available in the Library).
* Michael Rosen’s *Many Different Kings of Love* (2023, available to watch/listen to [here](https://www.youtube.com/watch?v=ZsrSN-OCk8w)).
* Oliver Sacks’ *A Leg to Stand On* (available in the Library).
* Porochista Khakpour’ [*Sick: A Memoir*](https://canongate.co.uk/books/2679-sick-a-memoir/)(we are requesting it for the library).

**Poetry/spoken word/postcast**

*If you are choosing poetry and spoken word as your artefact, please engage with two to three poems. Please do feel free to find other poems or spoken word pieces that speak to you.*

* Chose two or three poems from [Tools of the Trade: Poems for New Doctors](https://medicine.st-andrews.ac.uk/poemsfordoctors/) project. Some key ones we love are:
  + [*The First Death*](https://medicine.st-andrews.ac.uk/poemsfordoctors/2019/07/08/the-first-death/) by Dr Ourania Varsou.
  + [*Lines for a Bookmark*](https://medicine.st-andrews.ac.uk/poemsfordoctors/2018/12/11/lines-for-a-bookmark/)by Gael Turnbull read by Joanne Igoli.
  + [*The Guest House*](https://medicine.st-andrews.ac.uk/poemsfordoctors/2018/12/03/the-guest-house/) by Jalaluddin Rumi, read by Imogen Murray.

Other poems we love are:

* Chika Stacy Oriuwa ‘[I am Woman, I am Black, I am Doctor](https://hollandbloorview.ca/stories-news-events/BLOOM-Blog/i-am-woman-i-am-black-i-am-doctor)’ (2018).
* Anne Sexton’s [*Doctor*](https://www.poetrynook.com/poem/doctors-0)*.*
* Glenn Colquhourn: [*Today I do not want to be a doctor*](https://www.poetrynook.com/poem/doctors-0)*.*
* On being an HIV doctor – [Positively Past, Positively Present](https://open.spotify.com/show/1z7PPeDYlzTqhAD41Cosuj?si=8574a53d9fab4a58) Podcast series.

**Screen:**

* [*The Directors*](https://www.artangel.org.uk/project/the-directors/)(2023, a series of 5 films, approx. 20mins long) by Marcus Coates and Artangel. A series of 5 films exploring mental health. *Instructions of how to access are noted below at the end of this document.* Please watch two of the films but take some time to reflect and do something differently between each viewing.
* [*Fire in The Blood*](https://learningonscreen.ac.uk/ondemand/index.php/prog/07FE10DF?bcast=115406511)(US/India 2013, 55min). Directed by Dylan Mohan Gray, this documentary describes the obstruction of international pharmaceutical companies sharing patents for antoretrovirals for countries in Africa who couldn’t afford the drugs.
* [*Barbara*](https://learningonscreen.ac.uk/ondemand/index.php/prog/030032F0?bcast=122168899) (Germany, 2012). Directed by [Christian Petzold](https://learningonscreen.ac.uk/ondemand/search.php?q=%22Christian+Petzold%22), this film focuses on a doctor’s experience of working in the 1980s in East Berlin.
* [*This is Going to Hurt*](https://www.bbc.co.uk/programmes/p0b6k6kx) (UK, 2022). A BBC production based on former doctor, Adam Kay’s memoir, *This is Going to Hurt.* Discuss one or two episodes of your choice.

Questions? Please contact [Katharine.Low@kcl.ac.uk](mailto:Katharine.Low@kcl.ac.uk) and/or Alexandra.Mermikides@kcl.ac.uk

**Marcus Coates & *The Directors*, 2022**

*The Directors* is a collaboration between artist Marcus Coates and five individuals with lived experiences of psychosis. Following a prolonged period of research and development, each directed Coates in a film where he attempted to enact their experiences. Mark Banham, Lucy Dempster, Anthony Donohoe, Marcus Gordon and Stephen Groves each chose a place of personal significance where they directed Coates to play themselves as they voice instructions off camera.

Coates’ research began in 2017 at the Early Intervention Service, COAST, at the South London and Maudsley NHS Foundation Trust where he worked alongside Dr. Isabel Valli, Psychiatrist and Neuroscientist, observing her consultations with patients. The focus of his research considered the dynamics of personal understanding and empathy and the role of the wider community and public attitudes.

*The Directors* seeks to establish a creative and reciprocal dialogue between Coates and each director; a shared attempt to describe and understand the individuality and complexity of their experiences. For both Coates and the directors, initiating this empathic process was motivated by a need to share the directors’ stories, together with the necessity to confront and reduce the public stigma around psychosis.

**[Trigger Warning]** Please note: The films contain scenes that some viewers may find distressing. Personal experiences are discussed across all the films. These include psychosis, hearing voices, paranoia, delusions, hallucinations, intrusive thoughts, obsessive compulsive disorder, suicide, self-harm and anxiety. Some of the films also contain strong language and sexual references. Viewer discretion is advised.

If you are watching more than one film, it is recommended that you take breaks between viewings.

***The Directors: Marcus***(16 minutes and 51 seconds).

The film explores themes of hallucination, stigma, experiences of shame and public attitudes towards psychosis: <https://vimeo.com/showcase/9867658/video/755635729>

*password*: D1rect0rs

More information about [Marcus Gordon](https://www.whatsgoingon.org.uk/preview-of-films/the-directors-marcus): his story and an interview on set, capturing his thoughts and feelings on the process of production.

***The Directors: Mark*** (25 minutes 18 seconds)

The film explores paranoid thoughts, grandiosity and violence: <https://vimeo.com/showcase/9867658/video/756345611>

*password*: D1rect0rs

More information about [Mark Banham](https://www.whatsgoingon.org.uk/preview-of-films/the-directors-mark): his story and an interview on set, capturing his thoughts and feelings on the process of production.

***The Directors: Anthony*** (25 minutes and 18 seconds)

The film explores the role of carers, work, money and benefits: <https://vimeo.com/showcase/9867658/video/755620793>

*password*: D1rect0rs

More information about [Anthony Donohoe](https://www.whatsgoingon.org.uk/preview-of-films/the-directors-anthony): his story and an interview on set, capturing his thoughts and feelings on the process of production.

***The Directors: Lucy*** (21 minutes and 24 seconds)

The film explores experiences of psychosis during adolescence, themes of gender and the importance of early identification and intervention: <https://vimeo.com/showcase/9867658/video/755589080>

*password*: D1rect0rs

More information about [Lucy Banham](https://www.whatsgoingon.org.uk/preview-of-films/the-directors-lucy): her story and an interview on set, capturing her thoughts and feelings on the process of production.

***The Directors: Stephen*** (16 minutes and 57 seconds)

The film explores themes of surveillance, somatic symptoms, co-morbidity and feelings of danger: <https://vimeo.com/showcase/9867658/video/756361298>

*password*: D1rect0rs

More information about [Stephen Groves](https://www.whatsgoingon.org.uk/preview-of-films/the-directors-stephen): his story and an interview on set, capturing his thoughts and feelings on the process of production.

*The Directors* was made with the support of a project advisory group, including Dr Isabel Valli, psychiatrist, neuroscientist and visiting fellow in the department of Psychosis Studies at King's IoPPN; Peter Bullimore**,** who spent ten years as a psychiatric patient; Charles Fernyhough, writer, psychologist and part-time Professor of Psychology at Durham University; Laura E. Fischer, artist, researcher, lecturer and mental health activist; David Harper, Professor of Clinical Psychology at the University of East London; and Jo Loughran, a leader and strategic thinker with more than a decade of involvement with the UK charity sector, including Director at Time to Change.

*The Directors* is produced by Artangel and commissioned with Art Fund Support. Supported by Artangel’s [Guardian Angels](https://www.artangel.org.uk/be_an_angel/thank-you/#guardian-angels).

With special thanks to The Executive Producers for their generosity:

Andrew Abdulezer, Martine d’Anglejan-Chatillon, James Brett, Robert Devereux, Gerry Fox, Gabriela Galcerán Ball, Kate MacGarry, Gabrielle Rifkind & Jonathan Levy, The Sigrid Rausing Trust and those who wish to remain anonymous.

**Artangel**

Artangel produces and presents extraordinary art in unexpected places across London, the UK, and beyond. For over thirty years, Artangel has generated some of the most widely discussed art of recent times, including prominent large-scale projects with artists who have become household names in the UK, including the likes of Jeremy Deller, Roger Hiorns, Michael Landy, Steve McQueen and Rachel Whiteread.

artangel.org.uk

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**About the artist**

Marcus Coates lives and works in London. Through his attempts to become animal, to his vicarious experiences on behalf of people, his work offers an inquiry into the degrees to which we can understand, know and relate to others. Often performative — using a process of radical empathy as a motivation to create, examine and critique relational tools — he tests actual and perceived boundaries between individuals, within communities, and with other species. New ways of relating are proposed and often put into practice. His approach is often functional with a social and ecological impact in mind. Coates has collaborated with people from a wide range of disciplines including anthropologists, ornithologists, wildlife sound recordists, choreographers, politicians, psychiatrists, palliative care consultants, musicians, and primatologists amongst others.

*The Directors* is part of The Artangel Collection, an initiative to bring outstanding film and video works, commissioned and produced by Artangel, to galleries and museums across the UK and internationally. The Artangel Collection has been developed in partnership with Tate, is generously supported by the Esmée Fairbairn Foundation and The Foyle Foundation and uses public funding from Arts Council England.